

# ANNUAL REPORT

## Shepherd's Table 2022





Chef Dao and volunteers distributing food at a Beyond the Table site for the community

# 2022 IN REVIEW

## Looking back on the year at Shepherd's Table

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In 2022, we entered the third year of a global pandemic, adjusting to the new normal and updating programs and meal service protocols. We continued to have a deep sense of hope for our community. We regularly saw patterns of our meal guests and clients rising from the quicksand of homelessness and hunger and leveraging our free meals and social services while they continued to create a pathway toward self-sufficiency.

Our Food Service Program served the most meals in our organization's history by providing 136,234 meals to the most vulnerable in our community. This increased need came at a crucial time, as we saw pandemic programs begin to wind down during that summer. This included the end of emergency Supplemental Nutrition Assistance Program (SNAP) payments and emergency housing/rental assistance programs. Inflated food costs and other staples also increased the burden on citizens.

To continue to provide our community with healthy and nutritious meals, we began a partnership with Horizons Greater Washington, expanding our mobile meal program, Beyond the Table. In 2022, Shepherd's Table provided their local summer program with over 3,300

nutritious lunches and snacks to 133 students. Our efforts were successful, as many students noted that lunch was their "favorite part of the summer school" and looked forward to picking their menu items for the upcoming week. Our collaboration with Horizons Greater Washington represents a desire to continue to create and serve culturally diverse, nutritious, sustainable, and inclusive lunches and snacks for children from low-income households. We are optimistic that this program expansion will continue to be a staple in the services we provide our community.

Our Resource Center, Eye Clinic, and Clothing Closet grew and operated efficiently. For someone to experience transformation towards independent living, they need professional, relational care that identifies specific challenges. It requires us to go beyond meeting our clients' immediate needs. Our Social Services team diligently connects with our meal guests and anyone who is seeking help. The team provides more than just transportation tokens, toiletries, and mail services. We now offer professional, coordinated case management for complicated crises. Shepherd's Table is a safe harbor to create art and engage in community events on weekends. We are also a health clinic for those who need vision care on Tuesdays and a place to select a new outfit for a job or housing interview from the Clothing Closet on Fridays.

Shepherd's Table believes that the path to self-sufficiency and empowerment begins with a meal and a consistent, safe space to gather. We could not do what we do without the generous support of thousands of donors and volunteers who are as much a part of the Shepherd's Table community as the people we serve.

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In loving memory of Robert Moffat, a cherished former Shepherd's Table client and community advocate



How we serve our clients:

# PROGRAM OVERVIEW

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Our **Daily Meals** comprise our core and flagship programming, providing daily nutritious meals. Our professional chefs work hard to create meals that taste delicious and equip our guests with the nutrients they need.

Monday through Friday, **Beyond the Table** meals are prepared and packaged in our kitchen and then distributed in to-go boxes at one of two distribution sites.

The **Urban Garden** is situated in the backyard of Progress Place, growing herbs and vegetables that enhance our ability to serve healthy, fresh, and delicious meals to our guests. The space is also utilized to teach gardening skills to interested clients and guests, promoting holistic wellness.

Our **Resource Center** provides a mailing address, information and referrals, prescription assistance, telephone access, transportation assistance, toiletries and pro bono services to our clients.

**TableFest**, the first of its kind was a neighborhood block party for the Silver Spring community. This event was an excellent opportunity to reconnect with our Silver Spring neighbors and show off the fantastic food, programs, and dance talent our community has to offer. Lemon Slice Cafe won our “Best of the Fest” prize for the food competition, winning over guests with a great lemon chicken recipe.

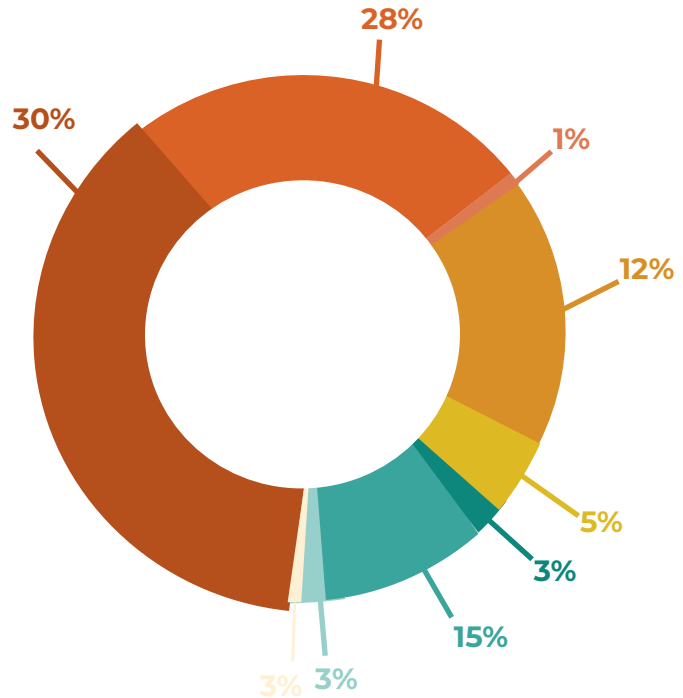
Our **Eye Clinic** is Montgomery County’s only free clinic, providing eye exams and prescription glasses.

Our **Clothes Closet** provides clean, seasonally appropriate clothing and shoes.

Above: “TableFest”, a neighborhood block party with live music, auctions, and local food

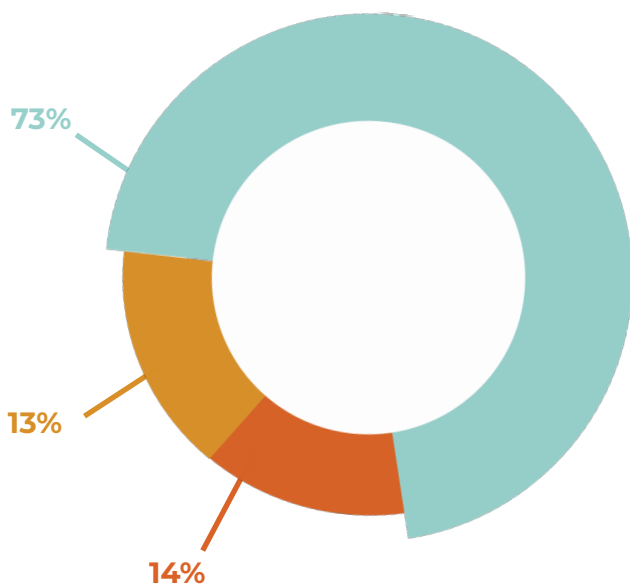
# FINANCIALS

A breakdown of the income and expenses



## INCOME

- Individuals
- In-kind
- Fed & State Grants
- Foundations
- Corporations
- Workplace Giving
- Montgomery County
- Houses of Worship
- Other



## EXPENSES

- Program Services
- Management and General
- Fundraising

# LOOKING AT THE NUMBERS



Left: Chef Christina, Director of Meal Services, showing off fresh produce  
Below: Volunteers serving meals with Covid-19 precautions in place



**2,534,408**

Dollars raised in total



**136,234**

Meals served



**888**

Visits to the Clothing Closet



**683**

Bus tokens distributed



**11,735**

Pieces of mail logged

**683** unduplicated clients served in the Resource Center  
**533** new clients welcomed to the Resource Center  
**247** eye exams provided through the Eye Clinic  
**246** prescription glasses distributed through the Eye Clinic

# STAFF AND BOARD OF DIRECTORS

The people who make  
it possible

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**Manny Hidalgo**  
Executive Director  
**Haile Gebregziabher**  
Deputy Executive Director  
**Jerome Chambers**  
Director of Social Services  
**Evert Vargas**  
Social Services Program Manager  
**Tinsae Adugna**  
Social Services Program Associate  
**Daniella Burgos**  
Director of Development &  
Communications  
**Kara von der Stitt**  
Development Associate  
**Holly Harris**  
Communications Associate  
**Sharon Flynn**  
Philanthropic Gifts Advisor  
**Mindy Hofmann**  
Volunteer Coordinator  
**Christina Moore**  
Director of Meal Services

**Paola Ortiz**  
Lead Chef  
**Debie Boger**  
Urban Garden Coordinator  
**Gary Bullock**  
Chef  
**Russel Smoot**  
Chef  
**Dao Huynh**  
Chef  
**Brian Yates**  
Chef  
**Abdoulaye Sylla**  
Chef  
**Sonji Owens**  
Business Manager  
**Mohamed Banya**  
Senior Operations Assistant  
**Roberto Maravilla**  
Operations Assistant  
**Robert Savoy**  
Operations Assistant  
**Nancy Martinez**  
Operations Assistant &  
Receptionist

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**Torey Carter-Conneen**, First Vice-  
Chair  
**Tesia Williams**, Second Vice-  
Chair  
**Paul Kaplun**, Third Vice-Chair  
**Gary Phoebus**, Treasurer  
**Deborah Magidson**, Secretary  
**Chaz D. Brooks**, Board  
Representative  
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**Ken Farber**  
**Amber Harris**  
**Laura Henderson**  
**Steven Jacobs**  
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**Heather Tinsley**  
**Andres Gomez**  
**Farah Nageer-Kanthor**  
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**Heidi Weber**  
**Lowell Aplebaum**  
**Suzanne Mintz**  
**Jessica Leslie**  
**Fred Seo**  
**Lene Tsegaye**

